

Mount**+**rail County Health Foundation
Many Avenues - One Goal...Your Health



2021 Annual Report



NEW MOUNTRAIL BETHEL HOME PROPOSED FLOOR PLAN



The Mountrail County Health Foundation (MCHF) has been in the *Partnering for the Future* Capital Campaign since 2013. During these last eight years, we have made millions of dollars in investments into healthcare in the local community. With the support of generous residents, churches, businesses, and the T.H. Reiarson, we have completed an ER remodel, CT scanner addition, enclosed ambulance bay, expansion of the T.H. Reiarson Health Annex (Clinic), new employee parking lot, Rosen Place on 8th Assisted Living, the New Bethel Chapel, and the Executive Conference Room.

After several years of diligent planning, we will finally begin the project for replacing Mountrail Bethel Home. The new nursing home facility will be an investment in providing exceptional long-term care to the residents of our shared community. The new facility will provide modern and spacious residencies to our residents who call our campus home.

The new facility totals nearly 40,000 sq. ft. and will have 46 beds for residents. This includes new dining areas, a family room, a nurse's station, and other needed services. The new facility will create a focal point on the stained glass window of Bethel Chapel.

NEW MAIN ENTRANCE

The new facility will provide new entrances to the hospital and the Nursing Home. The exterior of the new Mountrail Bethel Home will complement the existing hospital and clinic. There will be a circular driveway with ample parking for patients and visitors.

Our plans include spaces for outdoor recreation for residents. We will have a walking path and outdoor back patio to enjoy during the spring, summer, and fall months. These spaces will provide many opportunities for activities and events that residents will enjoy.

MBH Front Entrance & Chapel Exterior



Walking Path



Back Patio



MODERN AND WARM GREETINGS

Greeting visitors to the new facility will be a modern and warm lobby. Adjacent to the entrance will be a day room, where people can gather for conversation. This space will also serve as a waiting area for the nursing home.

In the center of the new facility, there will be a centralized nurses station. This nurses station will allow staff quick access to the residence rooms in the newly built 4-wing facility. Ample lighting will make this open space inviting for residents, visitors, and staff alike.

Front MBH Entrance



Day Room



Nurses Station



SALON, SPA, AND BRIGHT CORRIDORS

We will have dedicated space for a beauty & hair salon and spa room in the new facility. These spaces will provide much enjoyment to the resident. Many residents enjoy having hair and beauty care and enjoy the services of a spa.

The hallways and corridors of the new facility will be very bright and warm. This will help give the space a welcoming feel just as a resident's own home would.

Beauty & Hair Salon



Spa Room



Hallway & Corridor



DINING AREAS & FAMILY ROOM

The new dining areas will provide ample space for residents to enjoy their meals. This space sits within the core of the new facility, allowing the space to serve other needs, including being a multipurpose space for events and activities at the facility. This space will also serve as a place for residents to enjoy conversation and partake in games and other activities together.

The new family room will serve as a gathering space for residents and their families. Complete with a fireplace, kitchenette, and bookshelves, residents can enjoy time with family in a private area together, and celebrate special occasions as a family. The family room leads to a private patio featuring a fire pit and a grill for outdoor family time enjoyment.

Dining Area



Family Room



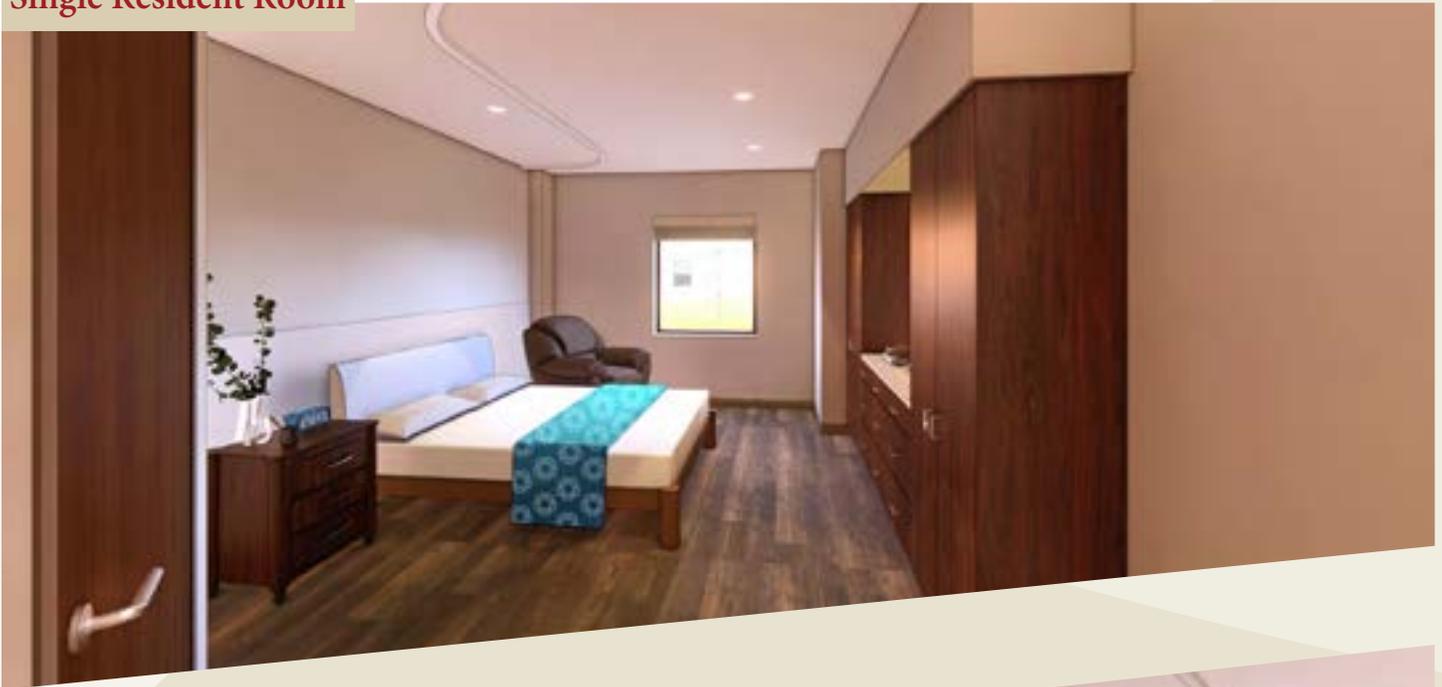
RESIDENT ROOMS

The new resident rooms will be warm and inviting. They will feature ample space for residents and their personal belongings. Each resident room will have a private bathroom.

Each of the new resident rooms will be private, with a select amount of double resident rooms reserved for couples in the facility together.

The resident rooms are divided into wings that all come together in the open space where the dining areas, nurses station, and activity & family room are.

Single Resident Room



Double Resident Room



Fundraising for the future

New Mountrail Bethel Home → Cost: \$15.4 Million

Potential Naming Opportunities

Namesake	Availability	Each	Total
Resident Wings	4	500,000	2,000,000
Resident Rooms	44	10,000	440,000
Dining Area	2	50,000	100,000
Family Room	1	100,000	100,000
Walking Path	1	100,000	100,000
Lobby	1	100,000	100,000
Nurses Station	1	50,000	50,000
Back Patio	1	50,000	50,000
Beauty Salon	1	20,000	20,000
Spa Room	1	20,000	20,000
Day Room	1	20,000	20,000
Total			\$ 3,000,000

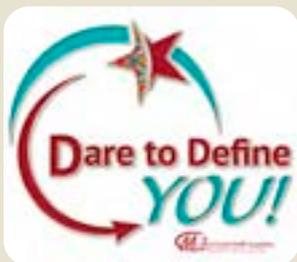
Nobody takes care of you like your own...

The Mountrail County Health Foundation not only focuses on brick and mortar projects, but on the mind and the body...

► Dare to Define You! Youth Leadership Program

Beginning in 2019, the Mountrail County Health Foundation has been funding the Dare to Define YOU! initiative. This is a leadership program designed to build character, confidence, and courage in our youth community. Since launching we have impacted over 1,200 students and staff through in-person and virtual workshops; our reach on social media with the daily Day-Maker and Red Glasses Movement is positively influencing over 1,000 lives daily.

We launched this initiative as an alternative solution to tackle mental health in our community. We know that when we are better on the inside, it shows on the outside. Our confidence, courage, and character are connected to knowing who we are from the inside out and learning to boldly own it. Our Dare to Define YOU! leadership program is based on this core truth.



With this foundation, all teachings are centered around elevating self-awareness and self-management, as well as defining core values, daily principles and personal standards of excellence that function as a behavioral compass. We're passionate about investing in the self-leadership of our youth, because they are our future!

This year has offered us the opportunity to start building a virtual platform for the Dare to Define YOU! program, which allows us to deliver a sustainable, vibrant and turn-key solution for other schools in our county.

Giving Our Youth the Knowledge to Create and Choose



The Mountrail County Health Foundation, the Stanley Park District and the Stanley High School teamed up again this year to bring Skittle Skool to all SHS students from 7th to 12th Grade. The focus this year was: Blue Jays Show Up For... Myself, My Family, My Friends, My Future.

Twenty-one presenters addressed the following thirteen topics through creative and interactive activities and conversation:



- ▶ Stacy Schaffer from 31:8 Project and BCI Agent, Dr. Analena Lunde from the Victims of Crime division covering the topic of how technology influences the mind and how it affects your mental health and beyond.
- ▶ Al Schmidt from the Berthold Police Department covering the topic of drugs.
- ▶ Heather Jenkins from the Domestic Violence Program NWND covering the topic of Healthy Dating Relationships.
- ▶ Becky Fladeland from Upper Missouri District Health Unit covering the topic of the long term effects of smoking and chewing and how vaping is not a safe alternative.
- ▶ Abbey Ruland and Tammie Braaflat from the Mountrail County Medical Center covering the topic of Abstinence and STI's.
- ▶ Chris Pulver and Mike Schott from the ND State Highway Patrol covering the topic of Law and Legalities for Teens.
- ▶ Alyssa Kreutzfeldt from bar 33 Leadership covering the topic of I Choose.
- ▶ Brenna Thompson from Crossroads Therapy covering the topic of Self Harm.
- ▶ Sarah Sorenson covering the topic of Be a Daymaker.
- ▶ Stephanie Nishek from Dakota Natural Health Center covering the topic of Nutrition for the Brain.
- ▶ National Guard Members doing a team building segment with the students.
- ▶ Andie Roise teaching the students the importance of yoga and meditation.
- ▶ Brandi Larson covering the topic of Getting Involved In Your Community.



“We are so grateful to all the speakers that took the time to come talk to our Youth,” states Steph Everett, Mountrail County Health Foundation Director. “Some of these topics are hard to talk about on a regular basis. So bringing in different faces and voices for the students to hear allows them to hear the topic a bit differently. We hope it made an impact on them.”





Golfing "Fore" A Cause

With a full tournament plus two, totaling 20 teams, we were able to raise over \$13,750. The most we have ever raised!!!

We want to thank our wonderful hole 2021 sponsors: Pearl Valley Oilfield Services, Dakota Drug, Mountrail Builders, Chelsey Nichols of AFLAC, Mountrail County Farm Bureau, Midstate Telephone, NA-PA, Border Plains Equipment, Bravera Bank, Secure Energy Services, BNC Bank, EAPC, Kyle Hanson, Mountrail Williams Electric Cooperative, Brandi Larson Agency, Sanford Health, McGee Law Firm and Revelator Services.

We also want to thank everyone who has been a part of this wonderful event over the years. With your help, we have been able to raise \$97,560 over the past eight years. These funds are 100 percent directly used for new equipment for our Nursing Home. This past year's funds enabled us to purchase restorative aid equipment for the physical therapy room in the Mountrail Bethel Home.

The T.H. Reiarson Trust can only give funding to the Mountrail County Medical Center solely for improvements and equipment.

Mr. Reiarson was a life-long farmer, who lived south of Ross. In his Last Will and Testament, he created this trust for the benefit of the Stanley Community Hospital (SCH). T.H. was specific in his will that the trust be prudently managed by the SCH board. This trust has been helping with improvements for the hospital since the late 1970's. He would be amazed at how his trust could help pay for the following over the past years:

- **\$2,410,406.60** for the building of the T.H. Reiarson Rural Health Clinic
- **\$1,731,577.33** for the Electronic Healthcare Records systems
- **\$249,725.46** for signage, furnishing and technology for the new clinic, such as the new electronic billboard
- **\$24,823.68** for the new www.stanleyhealth.org website
- **\$707,193.70** for equipment for the hospital and clinic such as a portable ultrasound, Nurses Call Station, CT Scanner, Bathing System, Bobcat and accessories, Ophthalmoscopes for ER, Urine Analyzer, CR Reader for X-Ray, Glidescope, 3-D Mammography Machine, CT 3-D Reconstruction Workstation and a Digital X-Ray Up-grade
- **\$4,784.03** for training for Hospital and Clinic Billing Staff
- **\$393,051.00** for the new parking lot, parking lot fence, the MCMC Physical Therapy remodel, new hospital admittance area, and Cat 5 rewiring of the building
- **\$332,631.08** for Service Contracts for MCMC Equipment





Treasurer's Report

Comparison 2013-2021

<u>FOUNDATION BANK</u> <u>ACCOUNT BALANCES:</u>	2013	2014	2015	2016	2017
General Fund	\$361,669.74	\$242,545.27	\$209,085.84	\$229,488.24	\$304,259.43
Building Fund	\$256,587.67	\$811,586.80	\$1,432,827.34	\$1,858,962.98	\$2,023,667.95

<u>FOUNDATION INVESTMENTS:</u>					
MCHF Investment CD	\$141,934.76	\$142,218.63	\$142,503.07	----	----
Ann Nelson					
Memorial CD - ER	\$100,586.08	-----	-----	-----	-----
Chapel Fund CD	\$130,520.00	\$130,870.43	\$131,634.49	\$132,095.56	\$132,401.74
Kitchen fund CD	\$200,800.00	\$201,339.13	\$202,514.61	\$203,223.94	\$203,694.99

<u>PHYSICIAN ENDOWMENT:</u>					
Ending					
Market Value - IMA	\$1,003,603.23	\$1,008,387.89	\$1,006,476.99	\$1,020,973.55	\$1,053,808.62
Ending					
Market Value - CMA	----	----	----	----	----

<u>FOUNDATION BANK</u> <u>ACCOUNT BALANCES:</u>	2018	2019	2020	2021
General Fund	\$1,072,928,40	\$1,344,635.58	\$1,339,522.38	\$1,414,768.38
Building Fund	\$2,700,711.94	\$1,693,788.51	\$1,364,862.92	\$677,301.08

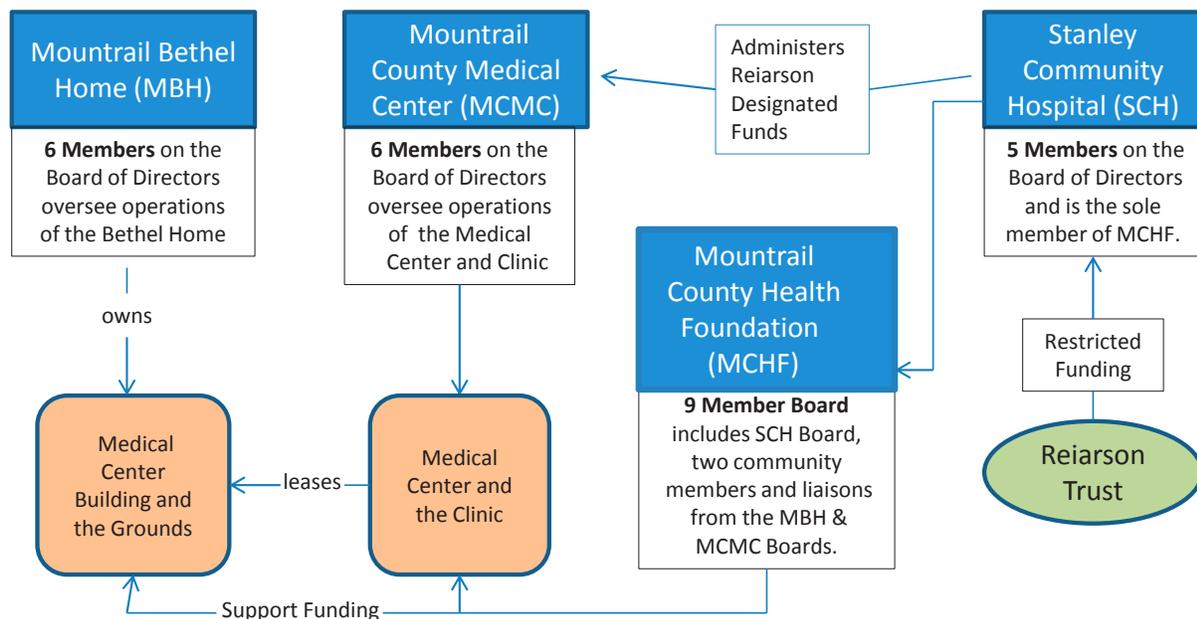
<u>FOUNDATION INVESTMENTS:</u>				
MCHF Investment CD	----	----	----	----
Ann Nelson				
Memorial CD - ER	----	----	----	----
Chapel Fund CD	\$132,865.15	----	----	----
Kitchen fund CD	\$204,407.92	----	----	----

<u>PHYSICIAN ENDOWMENT:</u>				
Ending				
Market Value - IMA	\$1,016,695.76	\$999,905.14	\$985,088.07	\$984,665.26
Ending				
Market Value - CMA	\$79,793.93	\$104,459.28	\$145,692.37	\$139,514.57

STANLEY COMMUNITY HOSPITAL BOARD OF DIRECTORS:

Doug Kinnoin - President
 Aaron Skarsgard – Vice President
 Jim Enge
 Derald Hoover
 Sheryl Sorenson

ORGANIZATIONAL STRUCTURE SUPPORTING THE MOUNTRAIL COUNTY HEALTH CENTER (MCHC).
 MCHC IS MADE UP OF THE MOUNTRAIL COUNTY MEDICAL CENTER/T.H. REIARSON
 RURAL HEALTH CLINIC AND THE MOUNTRAIL BETHEL HOME.



Each organization operates as a non-profit charitable organization as defined in IRS Section 501 (c).

MOUNTRAIL COUNTY HEALTH FOUNDATION BOARD OF DIRECTORS:

Wade Enget – President—Community Member
 Doug Kinnoin – Vice President—SCH Board Member
 Alaina Harrington – Secretary/Treasurer—Community Member
 Derald Hoover—SCH Board Member
 Aaron Skarsgard—SCH Board Member
 Sheryl Sorenson—SCH Board Member
 Jim Enge—SCH Board Member
 Heath Hetzel—MCMC Liaison
 John Anderson—MBH Liaison
 Steph Everett - Foundation Director
 Tanner Thompson—Foundation Coordinator

Donor Wall

The Mountrail County Health Foundation and its board members from SCH, MCMC and MBH are extremely grateful for the financial support provided by present and past area residents and local businesses. As in the words of Ray Rude during the 1999 Capital Campaign, "We hope the residents in the area understand the importance of looking ahead, understand the changes in healthcare, and will also get behind this important effort and make it successful." And in looking at the Donor Wall inside the T.H. Reiarson Rural Health Clinic, we can see how evident this support is still so many years later. We sincerely thank you for this.

LEGACY

\$250,000 AND ABOVE

Jack and Lilly Peterson
Darlene Cvancara
Bravera Bank
Gary and Jenette Nelson
City of Stanley - EDC

FOUNDERS

\$100,000-\$249,999

Connie Kinnoin
Dorothy Kannianen
Wayne and Diana Evans
American Lutheran Church of Stanley
Clifford Bakke
EOG Resources
Bethlehem Lutheran Church of Ross
Stan Wright
Karen Aas Becklin
Mountrail County Job Development Authority

BUILDERS

\$50,000-\$99,999

Doug Kinnoin
Roger and Sheryl Sorenson
In loving memory of Henry, Olia and Aldon Strobeck
Terry Anderson
Franklin D. and Rosemary Martens
Fred Sorenson
The Domaskin Family
Pinnacle of Stanley/Tioga
Marie Harstad
Our Savior's Free Lutheran Church of Stanley
Knife River Lutheran Church
Farm Credit Services of Mandan & Agribank
Farm Credit Services of ND
Springan Family
Stanley Area Community Foundation

PATRONS

\$25,000-\$49,999

Carl and Michelle Kannianen
Wayne and Daleen Johnson
Hess Corporation
Gordon and Sharon Aas
Zion Lutheran Church of Berthold
Queen of the Most Holy Rosary Catholic Church
of Stanley
Gerald and Beverly Olson
Daisy and Kenneth Buen Estate
Williston Economic Development
Howard and Janice Rehak
Rick and Glad Meiers

CORNERSTONE

\$10,000-\$24,999

Vaughn Niemitalo
Gene and Carol Hanson
Larry and Dorothy Goodall
Marshall and Jane Craft
Jr. and Carolyn Brandt Family

The Enge Family

In memory of Wallace R. and Thora Nelson
Larry and Grace Lystad & Family
Stanley Hospital Auxiliary
Derald and Ruth Hoover
Border Plains Equipment LLC of Williston
Ken and Cleo Bykonen
George and Susie Olson
Bill and Lil Meiers & Family
Jacolyn Nelson and Family
Connie R. Hagen
Tom and Judy Hove
The Gaynelle Nesheim Family
Bethel Home Auxiliary
Orville and Betty Harstad
Gerry and Lucy Solberg
John and Janet Guinn
John Hagey
Roger and Renae Gjellstad
Stella Belik
Oppidan Inc.
David and Virginia Hynek
BNC National Bank of Stanley
Enbridge/North Dakota Pipeline Company LLC
Holy Cross Lutheran Church of Powers Lake
Mountrail County Promoter
St. Joseph's Community Health Foundation
Duane and Bev Fretheim
Sandy and Kevin Harstad
The Will Family

FAMILY AND FRIENDS

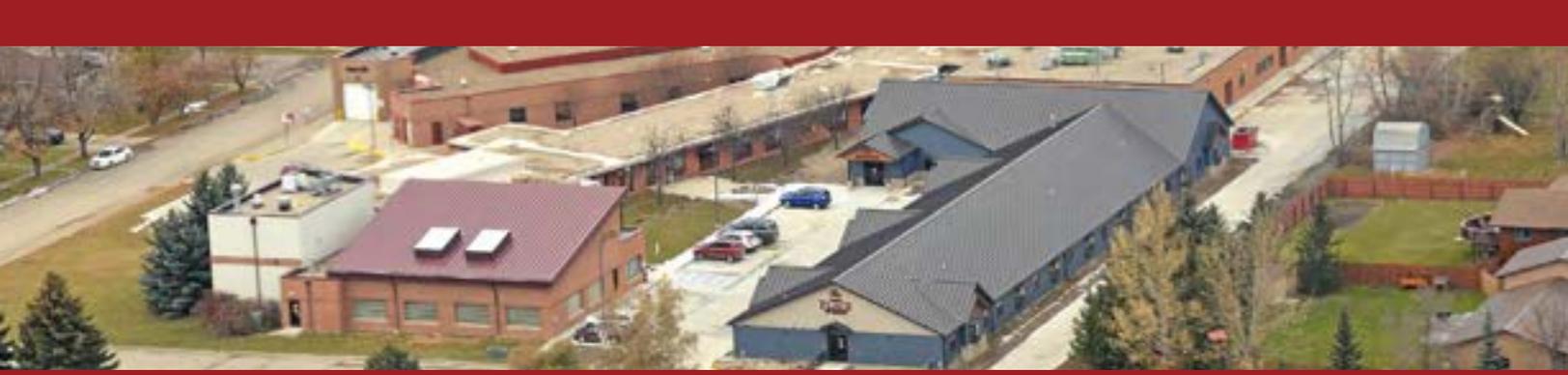
\$5,000-\$9,999

Barbara Gilbertson
Steve Hartstrom
Aaron and Ashley Skarsgard
Lane and Ardis Evans
Roger E. and Adeline Evans
Wes Hagen
Curt and Lesley Trulson
Jerome and Peggy Anderson & Family
Allen and Debbie Lund
Ackerman-Estvold
Scott and Nancy Meiers
Jack and Aneda Fladeland
Gordon Rugland
Kenneth Rugland Estate
Colleen Evenson
Evonne Piepkorn
Mitchell and Doris Bures
Chancey and Gerry Henin
Randy and Bonnie Nichols
Wade and Karen Enget
Kelly and Denise Hanson
Stanley River of Life Church
The George and Thelma Solberg Family
Hofman Family Trust
North Dakota Community Foundation
First State Bank and Trust of Williston
Jack and Judy Cvancara
Stephanie Everett

SUSTAINING

\$1,000-\$4,999

Robert N. and Helen Grant
Arlene and Fred Johnson
Cliff and Krystle Tollefson
Charlie Sorenson
Brian and Diane Hollinger
Brian and Janel Borud
Christopher and Dianna Beehler Family
Taryn and Carly Lumley
Tanya Skaar
Scott and Sue Weston
Heath and Kris Hetzel & Family
Ted and Jane Dobrovoly
Ray and Angela Schepp
Gray's Golf Carts
Jennifer Wolfgang
Jim Clark Family
Rudy Kruckenberg
Irene Anderson
Skip Wing
Bob and Judy Harvey
Jane Rismon Family
Gary and Judy Johnson & Family
Mike and Kimberly Sorenson
Dakota Quality Grain Coop
Gooseneck Implement of Stanley
Cory and Karyn Meyer
Bill and Anna Marie Whitmore
John Bannister
Randy and Jane Streifel
Don and Connie Longmuir
Jerry and Nancy Rudolph
Kermont and Joyce Hollekim
Erin and John Anderson
Ken and Joan Littlefield
Ron and Linda Hamers
Tom Rudolph
Meyer and Diane Kinnoin
Lion's Club of Stanley
Dan and Karen Lindberg
First English Free Lutheran Church
of Lostwood, ND
Marshal and Angie Olson
Jubal and Deann Jarmin
Keith and Taina Karow
In Loving Memory of Ernest
and Adeline Maki
Charles and Maryls Juma
Derald and Sylvia Fladeland
MDU Resources Foundation
Denise and Steve Douglas
The Hollekim Family
Pamela Schulte Vaden
Tom and Tammy Wilhelm



“WE THANK YOU!”

The Mountrail County Health Foundation purpose is to “engage in, assist and contribute to the support of the exclusively charitable, scientific and educational activities and projects within the meaning of section 501 © (3) of the IRS. This corporation shall collect, receive and maintain funds and apply income and principle thereof to promote the advancements and preservation of the health care services for Mountrail County, without limitations, providing equipment, services and research and all other charitable and benevolent purposes to promote the well-being of the Stanley Community Hospital or its successor corporation, and Mountrail Bethel Home.”

The residents of Mountrail County have been amazing over the years with helping MCHF assist the Mountrail County Health Center campus embetter itself. We THANK YOU SO MUCH for this!

- SCH Board Members, MCHF Board Members and MCHF Foundation Director

WHAT IS... MOUNTRAIL COUNTY HEALTH FOUNDATION OF STANLEY, ND?

The Mountrail County Health Foundation of Stanley, ND was established November 22, 1991 and received their non-profit status a year later. The foundation was originally organized to generate charitable dollars from community members to assist with the increasing shortfalls of Medicare, Medicaid and Blue Cross reimbursements.

The Foundation provides avenues through which donors can share in the philanthropic goals of the Mountrail County Medical Center and Mountrail Bethel Home of Stanley, ND. This can be done by cash gifts, endowments, memorials, special projects or other gifting arrangements.

The foundation board members are area residents who are committed to the future of the region’s healthcare providers, their services and the economic impact generated from these two healthcare organizations. We are here for you and to ensure the future of this wonderful facility.

WAYS OF GIVING

Gifts of all sizes are needed and appreciated at Mountrail County Health Foundation. We rely on your generosity to help us purchase the latest technology, sustain vital medical programs, and continue to provide services with the compassion and caring you and your family have come to expect from Mountrail County Health Center.

All gifts serve our community and are used, consistent with donor-designated restrictions, to support projects selected by our Board of Trustees.

WAYS TO GIVE TO THE FOUNDATION:

1. Cash - A gift of cash is the simplest, most straightforward and immediate way to give to Mountrail County Health Foundation. You can make a one-time donation:

- You can also make a donation by credit card through Square. Call Steph Everett at (701) 628-1405 for more information on that payment method.

OR

- Mail a check to:
Mountrail County Health Foundation
PO Box 522 • Stanley, ND 58784

Cash gifts may also be pledged over a period of up to five years and are tax deductible from the donor’s adjusted gross income.

2. Tribute/Memorial Giving - Tribute/Memorial gifts may be made in honor of a person or an event, such as an anniversary or a birthday, or in memory of loved ones. Giving in tribute is a lovely way to honor or memorialize while at the same time making a difference in the lives of others. We publicize in the Mountrail County Promoter the names of the donors and in whose memory the donations were made. Thank you cards are also sent out from the Foundation Director.

3. Gifting of Real Estate, Securities or Oil Interests - Donating through the gifting of real estate, securities or oil interests is a wonderful way to create a legacy of support for the Mountrail County Health Foundation for years to come. Please contact the Foundation Director at 701-628-1405 or email (foundation@stanleyhealth.org) for more information.



YES!

In recognition and appreciation for the health care services and programs provided by **Mountrail County Health Center**, and in support of the **Partnering for the Future** campaign, I/we would like to make the following gift/pledge:

Way #1: Enclosed is a tax deductible contribution in the amount of \$ _____ in honor/memory of _____.

Way #2: I/We pledge \$ _____. Attached is \$ _____.

The balance will be paid over the next 2 3 4 5 or other years, beginning on _____ (date) of which payments will be made:

 Annually Quarterly Monthly or as follows _____

You can also make a donation by credit card through Square. Call Steph Everett at (701) 628-1405 for more information on that payment method.

Name _____ Signature _____

Address _____

City _____ State _____ Zip _____ Email _____

Yes, you have my/our permission to list us as a donor. My/our gift will be acknowledged on the donor wall in the T.H. Reiarson Rural Health Clinic and outside the new Chapel area.

• Name/Verbiage to be listed on the Donor Wall: _____

No, I/we prefer to remain anonymous.

Make Checks Payable to:

Mountrail County Health Foundation • P.O. Box 522 • Stanley, ND 58784



PO Box 522 • Stanley, ND 58784

Phone 701-628-1405

www.mountrailcountyhealthfoundation.org