



2020 Annual Report





“WE THANK YOU!”

The Mountrail County Health Foundation purpose is to “engage in, assist and contribute to the support of the exclusively charitable, scientific and educational activities and projects within the meaning of section 501 © (3) of the IRS. This corporation shall collect, receive and maintain funds and apply income and principle thereof to promote the advancements and preservation of the health care services for Mountrail County, without limitations, providing equipment, services and research and all other charitable and benevolent purposes to promote the well-being of the Stanley Community Hospital or its successor corporation, and Mountrail Bethel Home.”

The residents of Mountrail County have been amazing over the years with helping MCHF assist the Mountrail County Health Center campus embetter itself. We THANK YOU SO MUCH for this!

- SCH Board Members, MCHF Board Members and MCHF Foundation Director

WHAT IS... MOUNTRAIL COUNTY HEALTH FOUNDATION OF STANLEY, ND?

The Mountrail County Health Foundation of Stanley, ND was established November 22, 1991 and received their non-profit status a year later. The foundation was originally organized to generate charitable dollars from community members to assist with the increasing shortfalls of Medicare, Medicaid and Blue Cross reimbursements.

The Foundation provides avenues through which donors can share in the philanthropic goals of the Mountrail County Medical Center and Mountrail Bethel Home of Stanley, ND. This can be done by cash gifts, endowments, memorials, special projects or other gifting arrangements.

The foundation board members are area residents who are committed to the future of the region's healthcare providers, their services and the economic impact generated from these two healthcare organizations. We are here for you and to ensure the future of this wonderful facility.

WAYS OF GIVING

Gifts of all sizes are needed and appreciated at Mountrail County Health Foundation. We rely on your generosity to help us purchase the latest technology, sustain vital medical programs, and continue to provide services with the compassion and caring you and your family have come to expect from Mountrail County Health Center.

All gifts serve our community and are used, consistent with donor-designated restrictions, to support projects selected by our Board of Trustees.

WAYS TO GIVE TO THE FOUNDATION:

1. Cash - A gift of cash is the simplest, most straightforward and immediate way to give to Mountrail County Health Foundation. You can make a one-time donation:

- You can also make a donation by credit card through Square. Call Steph Everett at (701) 628-1405 for more information on that payment method.

OR • Mail a check to:

Mountrail County Health Foundation
PO Box 522 • Stanley, ND 58784

Cash gifts may also be pledged over a period of up to five years and are tax deductible from the donor's adjusted gross income.

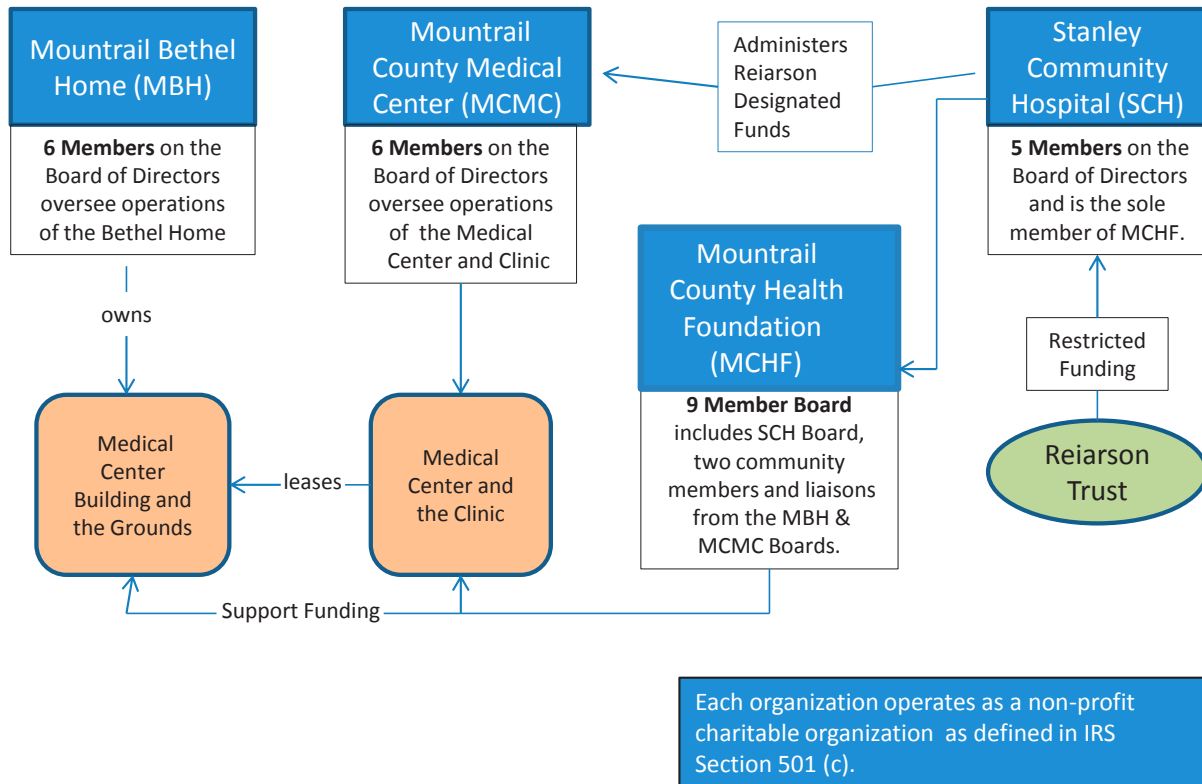
2. Tribute/Memorial Giving - Tribute/Memorial gifts may be made in honor of a person or an event, such as an anniversary or a birthday, or in memory of loved ones. Giving in tribute is a lovely way to honor or memorialize while at the same time making a difference in the lives of others. We publicize in the Mountrail County Promoter the names of the donors and in whose memory the donations were made. Thank you cards are also sent out from the Foundation Director.

3. Gifting of Real Estate, Securities or Oil Interests - Donating through the gifting of real estate, securities or oil interests is a wonderful way to create a legacy of support for the Mountrail County Health Foundation for years to come. Please contact the Foundation Director at 701-628-1405 or email (foundation@stanleyhealth.org) for more information.

STANLEY COMMUNITY HOSPITAL BOARD OF DIRECTORS:

Doug Kinnoin - President
Aaron Skarsgard – Vice President
Jim Enge
Derald Hoover
Sheryl Sorenson

ORGANIZATIONAL STRUCTURE SUPPORTING THE MOUNTRAIL COUNTY HEALTH CENTER (MCHC).
MCHC IS MADE UP OF THE MOUNTRAIL COUNTY MEDICAL CENTER/T.H. REIARSON
RURAL HEALTH CLINIC AND THE MOUNTRAIL BETHEL HOME.



MOUNTRAIL COUNTY HEALTH FOUNDATION BOARD OF DIRECTORS:

Wade Enget – President—Community Member
Doug Kinnoin – Vice President—SCH Board Member
Alaina Harrington – Secretary/Treasurer—Community Member
Derald Hoover—SCH Board Member
Aaron Skarsgard—SCH Board Member
Sheryl Sorenson—SCH Board Member
Jim Enge—SCH Board Member
Heath Hetzel—MCMC Liaison
John Anderson—MBH Liaison
Steph Everett - Foundation Director

Donor Wall

The Mountrail County Health Foundation and its board members from SCH, MCMC and MBH are extremely grateful for the financial support provided by present and past area residents and local businesses. As in the words of Ray Rude during the 1999 Capital Campaign, "We hope the residents in the area understand the importance of looking ahead, understand the changes in healthcare, and will also get behind this important effort and make it successful." And in looking at the Donor Wall inside the T.H. Reiarson Rural Health Clinic, we can see how evident this support is still so many years later. We sincerely thank you for this.

LEGACY

\$250,000 AND ABOVE

Jack and Lilly Peterson
Darlene Cvancara
American Bank Center
Gary and Jenette Nelson
City of Stanley - EDC

FOUNDERS

\$100,000-\$249,999

Connie Kinnoin
Dorothy Kannianen
Wayne and Diana Evans
American Lutheran Church of Stanley
Clifford Bakke
EOG Resources
Bethlehem Lutheran Church of Ross
Stan Wright
Karen Aas Becklin
Mountrail County Job Development Authority

BUILDERS

\$50,000-\$99,999

Doug Kinnoin
Roger and Sheryl Sorenson
In loving memory of Henry, Olia and Aldon Strobeck
Terry Anderson
Franklin D. and Rosemary Martens
Fred Sorenson
The Domaskin Family
Pinnacle of Stanley/Tioga
Marie Harstad
Our Savior's Free Lutheran Church of Stanley
Knife River Lutheran Church
Farm Credit Services of Mandan & Agribank
Farm Credit Services of ND
Springan Family
Stanley Area Community Foundation

PATRONS

\$25,000-\$49,999

Carl and Michelle Kannianen
Wayne and Daleen Johnson
Hess Corporation
Gordon and Sharon Aas
Zion Lutheran Church of Berthold
Queen of the Most Holy Rosary Catholic Church
of Stanley
Gerald and Beverly Olson
Daisy and Kenneth Buen Estate
Williston Economic Development
Howard and Janice Rehak

CORNERSTONE

\$10,000-\$24,999

Vaughn Niemitalo
Gene and Carol Hanson
Larry and Dorothy Goodall
Marshall and Jane Craft
Jr. and Carolyn Brandt Family
The Enge Family

In memory of Wallace R. and Thora Nelson

Larry and Grace Lystad & Family
Stanley Hospital Auxiliary
Derald and Ruth Hoover
Border Plains Equipment LLC of Williston
Ken and Cleo Bykonen
George and Susie Olson
Bill and Lil Meiers & Family
Jacolyn Nelson and Family
Rick and Glad Meiers
Connie R. Hagen
Tom and Judy Hove
The Gaynelle Nesheim Family
Bethel Home Auxiliary
Orville and Betty Harstad
Gerry and Lucy Solberg
John and Janet Guinn
John Hagey
Roger and Renae Gjellstad
Stella Belik
Oppidan Inc.
David and Virginia Hynek
BNC National Bank of Stanley
Enbridge/North Dakota Pipeline Company LLC
Holy Cross Lutheran Church of Powers Lake
Mountrail County Promoter
St. Joseph's Community Health Foundation
Duane and Bev Fretheim
Sandy and Kevin Harstad
The Will Family

FAMILY AND FRIENDS

\$5,000-\$9,999

Barbara Gilbertson
Steve Hartstrom
Aaron and Ashley Skarsgard
Lane and Ardis Evans
Roger E. and Adeline Evans
Wes Hagen
Curt and Lesley Trulson
Jerome and Peggy Anderson & Family
Allen and Debbie Lund
Ackerman-Estvold
Scott and Nancy Meiers
Jack and Aneda Fladeland
Gordon Rugland
Kenneth Rugland Estate
Colleen Evenson
Evonne Piepkorn
Mitchell and Doris Bures
Chancey and Gerry Henin
Randy and Bonnie Nichols
Wade and Karen Enget
Kelly and Denise Hanson
Stanley River of Life Church
The George and Thelma Solberg Family
Hofman Family Trust
North Dakota Community Foundation
First National Bank and Trust Co. of Williston
Jack and Judy Cvancara
Stephanie Everett

SUSTAINING

\$1,000-\$4,999

Robert N. and Helen Grant
Arlene and Fred Johnson
Cliff and Krystle Tollefson
Charlie Sorenson
Brian and Diane Hollinger
Brian and Janel Borud
Christopher and Dianna Beehler Family
Taryn and Carly Lumley
Tanya Skaar
Scott and Sue Weston
Heath and Kris Hetzel & Family
Ted and Jane Dobrovlny
Ray and Angela Schepp
Gray's Golf Carts
Jennifer Wolfgang
Jim Clark Family
Rudy Kruckenberg
Irene Anderson
Skip Wing
Bob and Judy Harvey
Jane Rismon Family
Gary and Judy Johnson & Family
Mike and Kimberly Sorenson
Dakota Quality Grain Coop
Gooseneck Implement of Stanley
Cory and Karyn Meyer
Bill and Anna Marie Whitmore
John Bannister
Randy and Jane Streifel
Don and Connie Longmuir
Jerry and Nancy Rudolph
Kermont and Joyce Hollekim
Erin and John Anderson
Ken and Joan Littlefield
Ron and Linda Hamers
Tom Rudolph
Meyer and Diane Kinnoin
Lion's Club of Stanley
Dan and Karen Lindberg
First English Free Lutheran Church
of Lostwood, ND
Marshal and Angie Olson
Jubal and Deann Jarmin
Keith and Taina Karow
In Loving Memory of Ernest
and Adeline Maki
Charles and Maryls Juma
Derald and Sylvia Fladeland
MDU Resources Foundation
Denise and Steve Douglas
The Hollekim Family
Pamela Schulte Vaden
Tom and Tammy Wilhelmi



Treasurer's Report

Comparison 2013-2020

FOUNDATION BANK

ACCOUNT BALANCES: **2013** **2014** **2015** **2016**

General Fund	\$361,669.74	\$242,545.27	\$209,085.84	\$229,488.24
Building Fund	\$256,587.67	\$811,586.80	\$1,432,827.34	\$1,858,962.98

FOUNDATION INVESTMENTS:

MCHF Investment CD	\$141,934.76	\$142,218.63	\$142,503.07	----
Ann Nelson				
Memorial CD - ER	\$100,586.08	----	----	----
Chapel Fund CD	\$130,520.00	\$130,870.43	\$131,634.49	\$132,095.56
Kitchen fund CD	\$200,800.00	\$201,339.13	\$202,514.61	\$203,223.94

PHYSICIAN ENDOWMENT:

Ending				
Market Value - IMA	\$1,003,603.23	\$1,008,387.89	\$1,006,476.99	\$1,020,973.55
Ending				
Market Value - CMA	----	----	----	----

FOUNDATION BANK

ACCOUNT BALANCES: **2017** **2018** **2019** **2020**

General Fund	\$304,259.43	\$1,072,928.40	\$1,344,635.58	\$1,339,522.38
Building Fund	\$2,023,667.95	\$2,700,711.94	\$1,693,788.51	\$1,364,862.92

FOUNDATION INVESTMENTS:

MCHF Investment CD	----	----	----	----
Ann Nelson				
Memorial CD - ER	----	----	----	----
Chapel Fund CD	\$132,401.74	\$132,865.15	----	----
Kitchen fund CD	\$203,694.99	\$204,407.92	----	----

PHYSICIAN ENDOWMENT:

Ending				
Market Value - IMA	\$1,053,808.62	\$1,016,695.76	\$999,905.14	\$985,088.07
Ending				
Market Value - CMA	----	\$79,793.93	\$104,459.28	\$145,692.37



Golfing "Fore" A Cause

With a full tournament plus one, totaling 19 teams, which seems fitting for this year's topic at hand, we were able to raise over \$12,500 again!

We want to thank our wonderful hole 2020 sponsors: Pearl Valley Oilfield Services, Dakota Drug, Mountrail Builders, Chelsey Nichols of AFLAC, Mountrail County Farm Bureau, Midstate Telephone, NAPA, Border Plains Equipment, American Bank Center, Secure Energy Services, BNC Bank, EAPC, Kyle Hanson of Thrivent, Mountrail Williams Electric Cooperative, Brandi Larson Agency and Springan Furniture.

We also want to thank everyone who has been a part of this wonderful event over the years. With your help, we have been able to raise \$83,810 over the past seven years. These funds are 100 percent directly used for new equipment for our Nursing Home. This past year's funds enabled us to order two med carts that work with our medication distribution system "Opus". It also should be noted that our old med carts were purchased in 2006. Along with the med carts, two standing lifts were able to be purchased. Resident satisfaction will improve with these new lifts, as they won't have to wait as long for a lift to be brought to them.

The T.H. Reiarson Trust can only give funding to the Mountrail County Medical Center solely for improvements and equipment.

Mr. Reiarson was a life-long farmer, who lived south of Ross. In his Last Will and Testament, he created this trust for the benefit of the Stanley Community Hospital (SCH). T.H. was specific in his will that the trust be prudently managed by the SCH board. This trust has been helping with improvements for the hospital since the late 1970's. He would be amazed at how his trust could help pay for the following over the past years:

- **\$2,410,406.60** for the building of the T.H. Reiarson Rural Health Clinic
- **\$1,731,577.33** for the Electronic Healthcare Records systems
- **\$249,725.46** for signage, furnishing and technology for the new clinic, such as the new electronic billboard
- **\$24,823.68** for the new www.stanleyhealth.org website
- **\$707,193.70** for equipment for the hospital and clinic such as a portable ultrasound, Nurses Call Station, CT Scanner, Bathing System, Bobcat and accessories, Ophthalmoscopes for ER, Urine Analyzer, CR Reader for X-Ray, Glidescope, and our most recent purchase – a 3-D Mammography Machine, CT 3-D Reconstruction Workstation and a Digital X-Ray Up-grade
- **\$4,784.03** for training for Hospital and Clinic Billing Staff
- **\$393,051.00** for the new parking lot and the MCMC Physical Therapy remodel, new hospital admittance area and Cat 5 rewiring of the building
- **\$332,631.08** for Service Contracts for MCMC Equipment



*Nobody
takes care of you
like your own...*



The Mountrail County Health Foundation not only focuses on brick and mortar projects, but on the mind and the body...

► *Dare to Define You! Youth Leadership Program*

Beginning in 2019, the Mountrail County Health Foundation has been funding the Dare to Define YOU! initiative. This is a leadership program designed to build character, confidence, and courage in our youth community. Since launching, we have impacted over 1,200 students and staff through in-person and virtual workshops; our reach on social media through our Day-Maker and “Red Glasses Movement: Live BOLDLY, Love BIG, Pass It ON,” are positively influencing more than 1,000 people daily.



We launched this initiative as an alternative solution to tackle mental health in our community. We know that when we are better on the inside, we are more on the outside. Our confidence, courage, and character are connected to knowing who we are from the inside and owning it. Our Dare to Define YOU! leadership program is based on this core truth. Our platform guides the youth community, and their school role models, to consciously participate in their life and leadership influence.

With this foundation, all teachings are centered around elevating self-awareness and self-management, as well as defining core values, daily principles and personal standards of excellence that function as a behavioral compass. We're passionate about investing in the

self-leadership of our youth, because they are our future!

This year has offered us the opportunity to start building a virtual platform for the Dare to Define YOU! program, which allows us to deliver a sustainable, vibrant and turn-key solution for other schools in our county.



*Nobody
takes care of you
like your own...*

► *Restorative Therapy Program*

With the funding of a private donation made to the Foundation restricted to the purchase of this piece of equipment, the Mountrail Bethel Home was able to purchase an Andago machine. This machine provides over ground body weight support and gait training, bridging the gap between treadmill and free walking for patients who have movement issues related to stroke, neurological problems, paralysis, spinal cord injuries and Parkinson's disease to name a few. It follows the patient's body, picking up on the movements and the way they move and turn. Therapists have the option to change settings so the machine will pick the pathways so the patient can focus just on their steps. It adjusts completely to the patient using it. That includes how much body weight support is used with the ultimate goal to have the patient not need to use the weight support.

A state of the art machine, it eliminates the fall risk for patients as they walk. It stops and the harnesses will keep the patient up if they do lose their step. It takes the fear factor out of walking for the patient while also eliminating the burden on the therapist. It allows the patient to feel safe while providing them the opportunity to improve their gait.

MBH is the only nursing home and the only rural facility to have the Andago. The next closest machines are in Denver and Kansas. The majority of the machines can be found in large rehab facilities on the east or west coast.

The Swedish machine, made in Switzerland, was flown over and arrived in March. When it arrived, it rolled out of the box, with PT only having to attach the handles to prepare for use. Hocoma is watching MBH and how they are using this machine in a nursing home, helping keep geriatric patients mobile.



► *Healthy Mind for a Healthy You Women's Expo*

Speakers Alison Traynor from the ND Suicide Prevention Coalition (NDSPC) and Kora Dockter, who is the Chair of the NDSPC and travels the state talking about the loss of her son to suicide, came to Stanley to speak with a room of ladies in The Gathering Place in Rosen Place on 8th. Informational booths were set up for the attendees along with a catered meal by Marilyn Gaebe.



Special Recognition

Cleo Bykonen



The Mountrail County Health Foundation wants to give special recognition to Cleo Bykonen, who resigned from the Health Foundation Board in 2020. Cleo was appointed to serve on the initial Board for the Mountrail County Health Foundation as a member from the community, and served as Secretary-Treasurer until the time of her resignation in 2020. Cleo assisted and was very involved in several fund-raising campaigns during her time on the Board, and always contributed keen insight concerning the needs of the community to the Board.

Cleo is a lifelong member of the community of Stanley. Cleo graduated Stanley High School, and was employed at Scandia American Bank (American Bank Center) for several years, being named the President of the Bank in 2010. Cleo retired in 2012 from American Bank Center.

Cleo is a member of the American Lutheran Church, and, in the past, has served as its President. She also is a member of the Prairie Rose Golf Club for

many years and served in the past as a board member.

Cleo has served as a board member of Stanley Community Hospital.

Throughout the years, Cleo was very involved in Stanley Commercial Club, Toastmasters and co-chaired the last All School Reunion. Cleo has been involved in several finance organizations throughout her 40-year career.

Cleo and her husband Ken currently live at White Earth Bay in the summer and Arizona in the winter. They have one child Kenny, his wife Chris, and a grandson Tanner.

A chance to DOUBLE your donation to _____!



St. Joseph's Community Health Foundation
PRESENTS

TWICE BLESSED
Gifts matched to double the blessing.

From November 15 through December 31, St. Joseph's Community Health Foundation is doubling your financial gifts with the TWICE BLESSED campaign.

Eligible gifts designated to _____, up to _____, will be matched by the Foundation.

Funds received over _____ will not be matched, and will be distributed to _____.

HOW YOU CAN PARTICIPATE: Turn over for Donation Card

1. Make check (or Credit Card) donation to **St. Joseph's Community Health Foundation (SJCHF)**.
2. Date the donation any day between **November 15 and December 31, 2020**.
3. **Designate the donation for** _____.

This can be done using this Donation Card or write _____ on the memo line of the check.

PARTNERING FOR THE FUTURE CAPITAL CAMPAIGN

The Mountrail County Health Foundation (MCHF) has been in the “Partnering for the Future” Capital Campaign since 2013. With the help of generous local residents, churches, and business owners, the T.H. Reiarson Trust, key energy companies and grants, the Foundation has been able to raise over 7 million dollars for our bricks and mortar campaign. Phase One: ER Remodel, Addition of the CT Scanner Suite and the enclosed Ambulance Bay; Phase Two: Expansion of the T.H. Reiarson Annex and the first portions of Phase Three: Employee Parking lot, Rosen Place on 8th Assisted Living, the Bethel Chapel and the Executive Conference Room are complete and paid in full.

Two thousand and twenty one will bring more growth to the Mountrail County Health Center Campus. The plans for the new nursing home will be worked over the next year, so we can secure a low interest loan that is being offered to Long Term Care facilities.



We will be building an extension off the ER entrance in the Spring of 2021. This expansion will entail an OR Suite, Procedure Rooms, Recovery Rooms, a Specialist Clinic and a rooftop Helipad. This expansion will also serve as our Infection Control/Pandemic Preparedness Unit.

Services such as Hospice, Residential Habilitation, Community Support Services and Companionship Services will be looked into to complement our current Continuum of Care we have here at the Mountrail County Health Center.

As part of the OR/Specialist clinic expansion, we will be taking the old ER Waiting Room and turning it into a Chemo/ Infusion Suite. We are honored to be working again with the St. Joseph's Community Health Foundation to double your blessings during our TWICE BLESSED campaign for funding to help with the Chemo Room/Infusion Suite.

In fact, any donations given to the Mountrail County Health Foundation for this project until December 31st, are eligible for a match by the St. Joseph's Community Health Foundation, up to \$5,000. Any monies collected over this amount will not be matched, but will still be distributed to the MCHF.

Please help MCHF earn our 1-1 match by going to www.twiceblessednd.com and find our MCHF link to donate. Or fill out the below donation card and mail it back to the St. Joseph's Community Health Foundation. All gifts are welcome. To give of one's self freely is always a blessing. So give your gifts double the impact this holiday season with TWICE BLESSED.

TWICE BLESSED DONATION FORM

Please complete the information below to ensure proper preparation.
(please print clearly)

Donor Name: _____

Organization Name (if applicable): _____

Address: _____

City: _____ State: _____ Zip Code: _____

Country: _____

Email (required): _____

Telephone Number (required): _____ ☐ Home ☐ Mobile

THANK YOU FOR YOUR DONATION

Please mail to:
 St. Joseph's Community Health Foundation
308 2nd Ave SW, Minot, ND 58701
Email: sjchf@minot.com

If you would like to donate by phone via credit card, please call (701) 837-1726.

METHOD OF PAYMENT

Check or money order
(please make payable to St. Joseph's Community Health Foundation and enclose with form)

Credit Card: Visa / Mastercard (please circle)

□□□□ □□□□ □□□□ □□□□ CVV □□□

Expiration Date: _____

Cardholder's Name: _____

Signature: _____

Date: _____

Amount of Donation: \$ _____

CAUSE

To donate to a specific cause, please write the name of the cause on the memo line of your check. For credit card donations, please indicate here the cause you would like your donation and the TWICE BLESSED matched donation to go to.

Name of Cause: _____



YES!

In recognition and appreciation for the health care services and programs provided by Mountrail County Health Center, and in support of the *Partnering for the Future* campaign, I /we would like to make the following gift/pledge:

Way #1: Enclosed is a tax deductible contribution in the amount of \$ _____ in honor/memory of _____.

Way #2: I/We pledge \$ _____. Attached is \$ _____.

The balance will be paid over the next 2 3 4 5 or other years, beginning on _____ (date) of which payments will be made:

 Annually Quarterly Monthly or as follows _____

You can also make a donation by credit card through Square. Call Steph Everett at (701) 628-1405 for more information on that payment method.

Name _____ Signature _____

Address _____

City _____ State _____ Zip _____ Email _____

☐ Yes, you have my/our permission to list us as a donor. My/our gift will be acknowledged on the donor wall in the T.H. Reiarson Rural Health Clinic and outside the new Chapel area.

• Name/Verbiage to be listed on the Donor Wall: _____

☐ No, I/we prefer to remain anonymous.

Make Checks Payable to:

Mountrail County Health Foundation • P.O. Box 522 • Stanley, ND 58784



PO Box 522 • Stanley, ND 58784 • Phone 701-628-1405 • Website: www.mountrailcountyhealthfoundation.org