



Mount Trail County Health Foundation

Many Avenues - One Goal... Your Health

2018 Annual Report



STANLEY COMMUNITY HOSPITAL BOARD OF DIRECTORS:

Derald Hoover - President

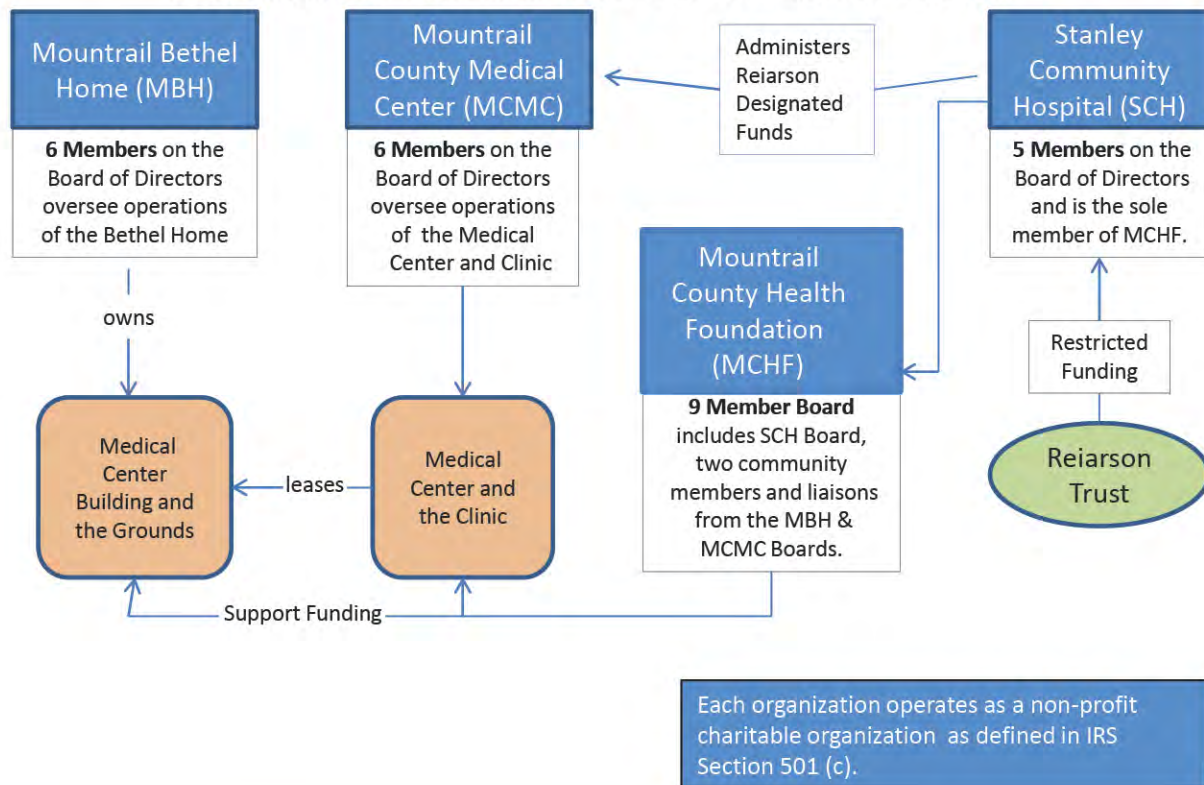
Doug Kinnoin – Vice President, Secretary, and Treasurer

Jim Enge

Aaron Skarsgard

Sheryl Sorenson

ORGANIZATIONAL STRUCTURE SUPPORTING THE MOUNTRAIL COUNTY HEALTH CENTER (MCHC).
MCHC IS MADE UP OF THE MOUNTRAIL COUNTY MEDICAL CENTER/T.H. REIARSON
RURAL HEALTH CLINIC AND THE MOUNTRAIL BETHEL HOME.



MOUNTRAIL COUNTY HEALTH FOUNDATION BOARD OF DIRECTORS:

Wade Enget – President—Community Member

Derald Hoover – Vice President—SCH Board Member

Cleo Bykonen – Secretary/Treasurer—Community Member

Doug Kinnoin—SCH Board Member

Aaron Skarsgard—SCH Board Member

Sheryl Sorenson—SCH Board Member

Jim Enge—SCH Board Member

Heath Hetzel—MCMC Liaison

John Anderson—MBH Liaison

Stephanie Everett – Foundation Director

Donor Wall

The Mountrail County Health Foundation and its board members from SCH, MCMC and MBH are extremely grateful for the financial support provided by present and past area residents and local businesses. As in the words of Ray Rude during the 1999 Capital Campaign, "we hope the residents in the area understand the importance of looking ahead, understand the changes in healthcare, and will also get behind this important effort and make it successful." And in looking at the Donor Wall inside the T.H. Reiarson Rural Health Clinic, we can see how evident this support is still so many years later. We sincerely thank you for this.

LEGACY

\$250,000 AND ABOVE

Jack and Lilly Peterson
In loving memory of Frankie Cvancara and the
Rosencrans Family - Darlene Cvancara
American Bank Center
In loving Memory of their daughter, Ann
- Gary and Jenette Nelson

FOUNDERS

\$100,000-\$249,999

Connie Kinnoin
In loving memory of Herbert Kannianen
- and Kathryn Kannianen Hilman - Dorothy Kannianen
Wayne and Diana Evans
American Lutheran Church of Stanley
Clifford Bakke
EOG Resources
Bethlehem Lutheran Church of Ross
In loving memory of Mavis Wright - Stan Wright

BUILDERS

\$50,000-\$99,999

Doug Kinnoin
Roger and Sheryl Sorenson
In loving memory of Henry,
- Olia and Aldon Strobeck
Terry Anderson
Franklin D. and Rosemary Martens
Fred Sorenson
The Domaskin Family
Pinnacle of Stanley/Tioga
In loving memory of Jerry Harstad
and Dora Larson - Marie Harstad
Our Savior's Free Lutheran Church of Stanley
Knife River Lutheran Church
In loving memory of Bert and Marina Aas,
Gustav and Malin Solberg,
Brunell and Edith Aas - Karen Aas Becklin
Farm Credit Services of North Dakota
Farm Credit Services of Mandan & Agbribank
Springan Family
Stanley Area Community Foundation

PATRONS

\$25,000-\$49,999

In loving memory of Kathryn Kannianen Hillman
- Carl and Michelle Kannianen
Wayne and Daleen Johnson
Hess Corporation
Gordon and Sharon Aas
Zion Lutheran Church of Berthold
Queen of the Most Holy
Rosary Catholic Church of Stanley
Gerald and Beverly Olson
Daisy and Kenneth Buen Estate
Williston Economic Development
In loving memory of Anton, Dora, and Dale Rehak
- Howard and Janice Rehak

CORNERSTONE

\$10,000-\$24,999

Vaughn Niemitalo
Gene and Carol Hanson
Larry and Dorothy Goodall
Marshall and Jane Craft
Jr. and Carolyn Brandt Family
In loving memory of Oscar and Doris Enge
- The Enge Family
In memory of Wallace R. and Thora Nelson
Larry and Grace Lystad & Family
Stanley Hospital Auxiliary
Derald and Ruth Hoover

Border Plains Equipment LLC of Williston
In loving memory of Rudolph and Mary Hukkanen
and Clifford and Anna Bykonen - Ken and Cleo Bykonen
George and Susie Olson
Bill and Lil Meiers & Family
In loving memory of Wallace and Thora Nelson
- Jacolyn Nelson and Family
Rick and Glad Meiers
In loving memory of Robert and Corine Hagen
- Connie R. Hagen
Tom and Judy Hove
The Gaynelle Nesheim Family
Bethel Home Auxiliary
In loving memory of Dora Larson
- Orville and Betty Harstad
Gerry and Lucy Solberg
In loving memory of Verne and Hattie Hagey
- John and Janet Guinn
In loving memory of Verne and Hattie Hagey
- John Hagey
Roger and Renae Gjellstad
Stella Belik
Oppidan Inc.
David and Virginia Hynek
BNC National Bank of Stanley
Enbridge/North Dakota Pipeline Company LLC
Holy Cross Lutheran Church of Powers Lake
Moutrail County Promoter
St. Joseph's Community
Health Foundation
In loving memory of Oscar and Beatrice Anderson
- Duane and Bev Fretheim
Sandy and Kevin Harstad

FAMILY AND FRIENDS

\$5,000-\$9,999

In loving memory of the Hartstom Family
- Barbara Gilbertson
In loving memory of the Hartstrom Family
- Steve Hartstrom
Aaron and Ashley Skarsgard
In loving memory of Milo and Olga Evans
- Lane and Ardis Evans
In loving memory of Ervin and Evelyn Evans,
and Joseph and Harriet Erickson
- Roger E. and Adeline Evans
In loving memory of Robert and Corine Hagen
- Wes Hagen
Curt and Lesley Trulson
Jerome and Peggy Anderson & Family
Allen and Debbie Lund
Ackerman-Estvold
Scott and Nancy Meiers
Jack and Aneda Fladeland
In loving memory of Bev Rugland - Gordon Rugland
Kenneth Rugland Estate
In loving memory of Darold Evenson - Colleen Evenson
In loving memory of Bennie and Bertina Thorvig
- Evonne Piepkorn
The Will Family
Mitchell and Doris Bures
In loving memory of Wallace R. Nelson
- Chancey and Gerry Henin
Randy and Bonnie Nichols
Wade and Karen Enget
Kelly and Denise Hanson
Stanley River of Life Church
The George and Thelma Solberg Family
In loving memory of Marie Hofman - Hofman Family Trust
North Dakota Community Foundation

SUSTAINING

\$1,000-\$4,999

In loving memory of
Robert E. and Bernice Grant,
Lawrence and Bernice Halvorson
- Robert N. and Helen Grant
Arlene and Fred Johnson
Cliff and Krystle Tollefson
Charlie Sorenson
Brian and Diane Hollinger
Brian and Janel Borud
In loving memory of Debbie Molzahn
- Christopher and Dianna Beehler Family
Jim and Steph Everett
Taryn and Carly Lumley
In loving memory of Craig Skaar
- Tanya Skaar
Denise and Steve Douglas
In loving memory of Brent Weston,
Mary Leith, and Marion Weston
- Scott and Sue Weston
Heath and Kris Hetzel & Family
In loving memory of Andy and Myrtle Moore
- Ted and Jane Dobrovolny
Ray and Angela Schepp
Gray's Golf Carts
Jennifer Wolfgang
Jim Clark Family
Rudy Kruckenberg
In loving memory of Arvid Anderson
- Irene Anderson
Skip Wing
Bob and Judy Harvey
In loving memory of Clark Rismon
- Jane Rismon Family
Gary and Judy Johnson & Family
Mike and Kimberly Sorenson
Dakota Quality Grain Coop
Gooseneck Implement of Stanley
Cory and Karyn Meyer
Bill and Anna Marie Whitmore
John Bannister
Randy and Jane Streifel
Don and Connie Longmuir
In loving memory of Carl and Nora Kinnoin,
Gus and Ruth Rudolph
- Jerry and Nancy Rudolph
Kermont and Joyce Hollekim
In loving memory of Joseph McSweeney
- Erin and John Anderson
Ken and Joan Littlefield
In loving memory of Wayne Larson, Ervin Larson,
Clara Trana, and Jeff Trana
- Ron and Linda Hamers
In loving memory of Gus and Ruth Rudolph
- Tom Rudolph
In loving memory of Michael Kinnoin
- Meyer and Diane Kinnoin
Lion's Club of Stanley
In loving memory of Ellen Lindberg
and Ruth Anderson - Dan and Karen Lindberg
First English Free Lutheran Church of Lostwood, ND
Marshal and Angie Olson
Jubal and Deann Jarmin
Keith and Taina Karow
In Loving Memory of Ernest and Adeline Maki
Charles and Maryls Juma
Derald and Sylvia Fladeland
MDU Resources Foundation
Denise and Steve Douglas
The Hollekim Family in Memory of Bud
Pamela Schulte Vaden

The Mountrail County Health Foundation raises funds...

not only through cash gifts, endowments, memorials, special projects or other gifting arrangements, but also through grants from great companies and non-profits such as:

2013

- **Stanley Area Community Foundation—\$25,000**
Five Year Pledge for Phase One—Enclosed Ambulance Bay, Additional ER Room, CT Scanner Suite and Nurses' Station
- **Farm Credit—\$30,000**
Emergency room exam equipment including three stretchers and an EKG machine and seven exam tables for the clinic

2014

- **Stanley Area Community Foundation—\$5,000, Farm Credit—\$15,000, St. Joe's Community Foundation—\$7,500 and the Hospital Auxiliary—\$5,000**
Portable Ultrasound Machine
- **Hess—\$20,000**
X-Ray Machine

2015

- **Farm Credit— \$25,000**
Hospital Nurses' Call Station
- **Hess—\$19,700**
Portable X-Ray Machine

2016

- **Farm Credit —\$15,000, MDU Resources Foundation—\$2,500, and St. Joe's Community Foundation—\$5,000**
Rest-Q pressure redistribution Mattresses and Bed frames for the Bethel Home.

A donation from Olga Sather's estate was specifically used to assist in purchasing the remaining bed frames and mattresses, so every resident had a new bed. The Foundation Board felt that Olga would be so happy to know all of her friends were sleeping comfortably now on new mattresses!

- **Center for Rural Health—\$2,500**
Funding for the 1st Annual R-COOL Scrubs Camp presented to the 9th—12th Graders at SHS

2017

- **Farm Credit—\$5,000, North Dakota Community Foundation—\$5,000, and the Stanley Area Community Foundation—\$5,000**
Secure Care Roam alert system for the Bethel Home
- **Blue Cross ND Caring Foundation—\$4,300**
Sitting/Standing Desks for 5 MBH Employees, 5 County Employees and 5 School Employees
- **Center for Rural Health—\$2,500**
Funding for the 2nd Annual R-COOL Scrubs Camp presented to the 9th—12th Graders at SHS

2018

- **St. Joe's Community Foundation—\$2,500**
Culinex Steam table for the Mountrail Bethel Home Kitchen
- **Williston Star Fund—\$30,000, Stanley Area Community Foundation—\$40,000, Mountrail County JDA—\$100,000 five year pledge, St. Joe's Community Foundation—\$5,000 Grant Match**
Funding for the construction of Rosen Place on 8th Assisted Living





Nobody takes care of you like your own...

Mountrail County Health Foundation sponsored several community events again during the year of 2018. They ranged from bringing in Janet Maxson to speak at a Heart Healthy Women's Expo to purchasing water bottles for all the students at the Elementary. We partnered with the Stanley Public Schools and the Stanley Park District for another Summer Challenge program, "Get Off the Couch and GO!" and hosted the 2nd Annual "Back 2 School Bash" in the High School east parking lot. Local churches donated school supplies so the kids could shop while they were there, the Mountrail County Medical Center did reduced price physicals and the Upper Missouri District Health Unit was on hand doing immunizations. A huge thank you to the awesome Blue Jay Touch the Truck participants: Stanley Fire Department, Stanley Ambulance Service, Stanley Police Department and the MHA K-9 Team and Drug Enforcement. And we can't forget to thank Oscar's Ice Cream for making the trip out from Minot to hand out yummy treats to everyone that VERY HOT day!!!

The Foundation continues to partner with the local churches, Cash Wise, the Stanley Park District and the Stanley Public Schools to bring a program that helps provide nutritious food on a regular basis to children in need in our area. The S.A.C.K. program provides weekend meals for 50 Elementary children per week and numerous High School students through the pantry located at the H.S. We thank you for donating to this cause!

We again sponsored Stanley High School 7th and 8th Graders to attend Scrubs Academy, a four day/three night camp held on the University of North Dakota campus in June of every year. We were able to send eight students this year. The Scrubs Academy encourages middle school students from across North Dakota to pursue a career in healthcare. Students participated in hands-on activities and received information related to a variety of healthcare professions. In addition to the experiences with healthcare professionals, students are certified in Friends and Family CPR and the Health Insurance Portability and Accountability Act (HIPAA).

The Foundation, Park District and SHS's biggest success this year was to host a "Skittle Skool" at the High School for all 7th—12th Graders. In response to the Opioid crisis, we gathered earlier this year professionals from the local Ambulance service, police department, school system and our own clinic to discuss ways of tackling it as a unified team effort. As we talked, we agreed we should start with educating the youth on hidden dangers. An exciting new platform, "Skittle Skool" emerged. The mission statement behind Skittle Skool is: **"Giving our youth the knowledge to create a voice for change towards their future paths. Knowledge is Power."** We brought in 20 plus presenters that covered 11 topics ranging from Sexting to Drug Exposure and its Effects. We had an overwhelming response and are actively working with the school system to expand on some of these topics, bring certain aspects down into the Elementary and host another "Skittle Skool 2" in April of 2019 to address the "Now you know what hidden dangers are out there... here are the coping skills to address them." We also want to focus on how we can help the other area schools that are within the MCHF area of impact. For more information on this, please go onto our Facebook page and see all the local and statewide coverage we received on this.





Golfing "Fore" A Cause

Even though we were down two teams due to moving the tournament back a week because of rain, we were still able to raise \$11,755!



We want to thank our wonderful hole 2018 sponsors: Pearl Valley Oilfield Services, Dakota Drug, Mountrail Builders, Geneil Vedaa of AFLAC, Mountrail County Farm Bureau, Midstate Telephone, NAPA, Border Plains Equipment, American Bank Center, Secure Energy Services, BNC Bank, EAPC, Lynn Grabow and Springan Furniture. We also want to thank everyone who is a part of this wonderful event over the years. With your help we have been able to raise \$58,150 over the past five years for improvements at the Mountrail Bethel Home.

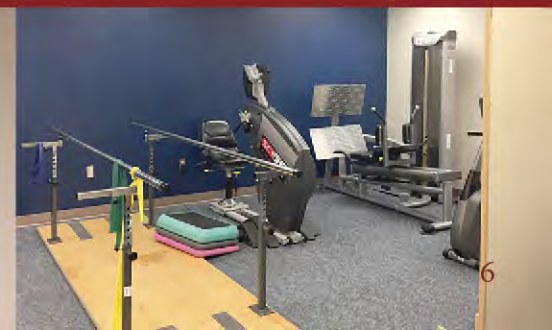
The T.H. Reiarson Trust can only give funding to the Mountrail County Medical Center (MCMC) for improvements and equipment.

Mr. Reiarson was a life-long farmer, who lived south of Ross. In his Last Will and Testament, he created this trust for the benefit of the Stanley Community Hospital. T.H. was specific in his will that the trust be prudently managed by the SCH board. This trust has been helping with improvements for the hospital since the late 1970's. He would also be amazed at how his trust could help pay for the following over the last five years:

- \$2,410,406.60 for the building of the T.H. Reiarson Rural Health Clinic
- \$1,547,401.33 for the Electronic Healthcare Records systems
- \$242,959.37 for signage, furnishing and technology for the new clinic, such as the new electronic billboard
- \$23,144.38 for the new www.stanleyhealth.org website
- \$615,896.16 for equipment for the hospital and clinic such as a portable ultra-sound, Nurses' Call Station, CT Scanner, Bathing System, Bobcat and accessories, Ophthalmoscopes for ER, Urine Analyzer, CR Reader for X-Ray, Glidescope, and our most recent purchase, a 3-D Mammography Machine
- \$1,837.47 for training for Hospital and Clinic Billing Staff
- \$321,162.70 for the new parking lot and the MCMC Physical Therapy remodel

A thank you to the years of service for Gary Nelson, who served on the SCH board for over thirty years...

So many times, we fail to acknowledge what one person can do to enhance a community. Gary Nelson, who served several years as a member of Board of the Stanley Community Hospital and Mountrail County Health Foundation, is a person who has a passion for improving health care for all residents of our community. Prior to the new hospital and clinic being built in 2002, Gary spent many hours working to obtain grant funds and financing through USDA. After the hospital and clinic were built, Gary continued to be a leader through his financial gift towards the expansion of the ER/CT Scan addition. Gary's efforts in the community and as a member of the Board have made a positive impact on the delivery of health care in and around Stanley. Thank you, Gary!



PARTNERING FOR THE FUTURE CAPITAL CAMPAIGN

In October of 2013, the Mountrail County Health Foundation implemented the “Partnering for the Future” Capital Campaign to meet the funding needs of the three construction phases outlined on the back of this brochure. With the help of generous local residents, churches, business owners, the T.H. Reiarson Trust and key energy companies the Foundation has been able to raise just shy of 7 million dollars to date. Phase One and Phase Two are complete and paid in full. Phase Three, Part 1, 2a and 2b, Rosen Place on 8th Assisted Living and the Bethel Chapel are currently under construction.



Outside Rendering of the Bethel Chapel



Inside Rendering of the Bethel Chapel



Inside Rendering of the Bethel Chapel



“The Gathering Place” at Rosen Place on 8th

PHASE ONE: ER REMODEL, ADDITION OF A CT SCANNER SUITE AND AN ENCLOSED AMBULANCE BAY - PROJECT COMPLETE - TOTAL PROJECT COST: \$1.5 MILLION (PAID IN FULL)

PHASE TWO: EXPANSION OF THE T.H. REIARSON RURAL HEALTH CLINIC - PROJECT COMPLETE - TOTAL PROJECT COST: \$2.5 MILLION (PAID IN FULL)

PHASE THREE, PART 1, 2A AND 2B: FIRST PART OF THE MOUNTRAIL BETHEL HOME PROJECT—\$4.8 MILLION DOLLARS

- New employee parking lot to the south of the Mountrail County Health Center Campus
- Fourteen Unit Rosen Place on 8th Assisted Living Complex in the old employee parking lot
- New Bethel Chapel in the existing courtyard area



“The Wright Place” Family Room in Rosen Place on 8th



“The Wright Place” Family Room in Rosen Place on 8th



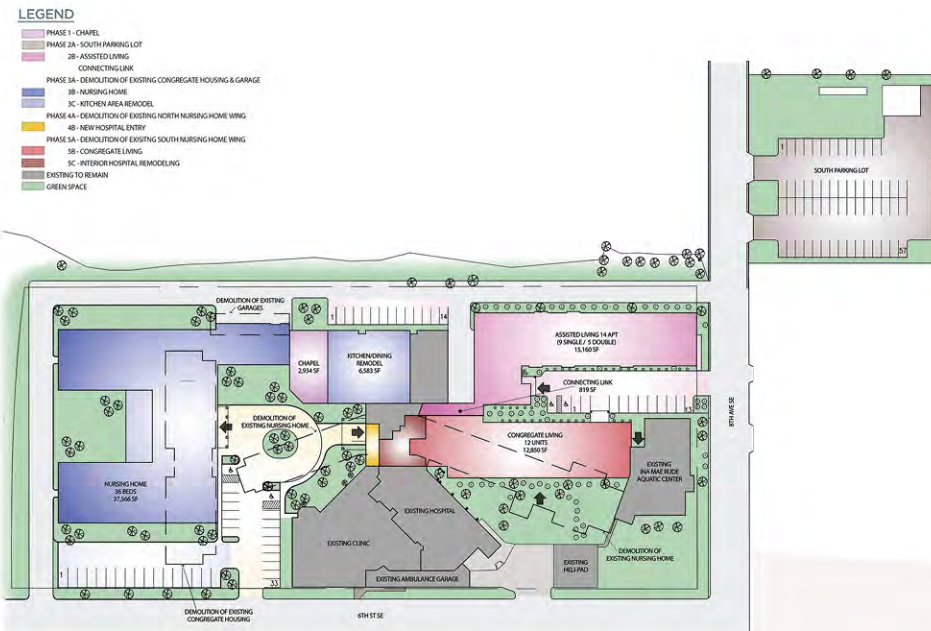
Kitchen in Rosen Place on 8th



Unit Bedroom in Rosen Place on 8th

Please Help Us Make the New Bethel Home Project Become a Reality...

With the aging of the Mountrail Bethel Home building we are going to be focusing on building a new Bethel Home over the next several years. The over 65 population will be growing by 45.4 percent by the year 2029, and we want to be here for them every step of the way. From our independent living option of Centennial Court, to the Rosen Place on 8th Assisted Living being constructed as you read this, we will be able to offer a full continuum of healthcare services, as we become a CCRC (Continuing Care Retirement Community). We want to be the perfect place and location for our residents to continue their commitment to their community as they age.



Phase Three Part Three— New Mountrail Bethel Home and Centennial Court—Total Project Cost: \$18.5 million (including the \$4.8 for Rosen Place on 8th and the Bethel Chapel)

- New 48 bed Nursing Home to the north, with an Alzheimer's Wing
- New Centennial Court adjacent to Rosen Place on 8th Assisted Living
- Remodel the existing Dining Room into a larger kitchen and Purchasing Department

YES!

In recognition and appreciation for the health care services and programs provided by **Mountrail County Health Center**, and in support of the **Partnering for the Future** campaign, I/we would like to make the following gift/pledge:

Way #1: Enclosed is a tax deductible contribution in the amount of \$ _____ in honor/memory of _____.

Way #2: I/We pledge \$ _____. Attached is \$ _____.

The balance will be paid over the next 2 3 4 5 or other years, beginning on _____ (date) of which payments will be made:

 Annually Quarterly Monthly or as follows _____

Check out our website to pay with a credit card or an EFT (Visa, Mastercard, and American Express) - www.mountrailcountyhealthfoundation.org

Name _____

Address _____

City _____ State _____ Zip _____ Email _____

☐ Yes, you have my/our permission to list us as a donor. My/our gift will be acknowledged on the donor wall in the T.H. Reiarson Rural Health Clinic and outside the new Chapel area.

• Name/Verbiage to be listed on the Donor Wall: _____

☐ No, I/we prefer to remain anonymous.

Make Checks Payable to:

Mountrail County Health Foundation
P.O. Box 522
Stanley, ND 58784

Treasurer's Report Comparison

MOUNTRAIL COUNTY HEALTH FOUNDATION (2013-2018 Comparison)

FOUNDATION BANK

<u>ACCOUNT BALANCES:</u>	<i>2013</i>	<i>2014</i>	<i>2015</i>	<i>2016</i>
General Fund	\$361,669.74	\$242,545.27	\$209,085.84	\$229,488.24
Building Fund	\$256,587.67	\$811,586.80	\$1,432,827.34	\$1,858,962.98

FOUNDATION INVESTMENTS:

MCHF Investment CD	\$141,934.76	\$142,218.63	\$142,503.07	----
Ann Nelson				
Memorial CD - ER	\$100,586.08	----	----	----
Chapel Fund CD	\$130,520.00	\$130,870.43	\$131,634.49	\$132,095.56
Kitchen fund CD	\$200,800.00	\$201,339.13	\$202,514.61	\$203,223.94

PHYSICIAN ENDOWMENT:

Ending				
Market Value - IMA	\$1,003,603.23	\$1,008,387.89	\$1,006,476.99	\$1,020,973.55
Ending				
Market Value - CMA	----	----	----	----

FOUNDATION BANK

<u>ACCOUNT BALANCES:</u>	<i>2017</i>	<i>2018</i>
General Fund	\$304,259.43	\$1,072,928.40
Building Fund	\$2,023,667.95	\$2,700,711.94

FOUNDATION INVESTMENTS:

MCHF Investment CD	----	----
Ann Nelson		
Memorial CD - ER	----	----
Chapel Fund CD	\$132,401.74	\$132,865.15
Kitchen fund CD	\$203,694.99	\$204,407.92

PHYSICIAN ENDOWMENT:

Ending		
Market Value - IMA	\$1,053,808.62	\$1,016,695.76
Ending		
Market Value - CMA	----	\$79,793.93

